



**London Care**<sup>™</sup>  
Passion for Independence, Respect for Choice

# Supporting your independence

**When you are used to leading an independent life, going home after a stay in hospital or coping with an accident, illness or a temporary disability can be a real challenge.**

Whether you need short term assistance as you regain daily living skills or longer term support as you learn to do things in a different way, London Care can help.

Our focus is not on doing things for you but helping you to rebuild your confidence in tackling tasks like bathing, dressing, housework or preparing a meal. We might also assist you manage your finances for a time or support you to get out and about, e.g. walking to the corner shop, attending a class or visiting family.

The ways we help to rebuild your skills will be tailored to your needs and choices, with regular reviews ensuring that the support we provide can meet any new requirements.

For your safety and peace of mind, our staff undergo full Criminal Records Bureau (CRB) and reference checks. They receive full induction training and are carefully supervised and monitored.

Our services include:

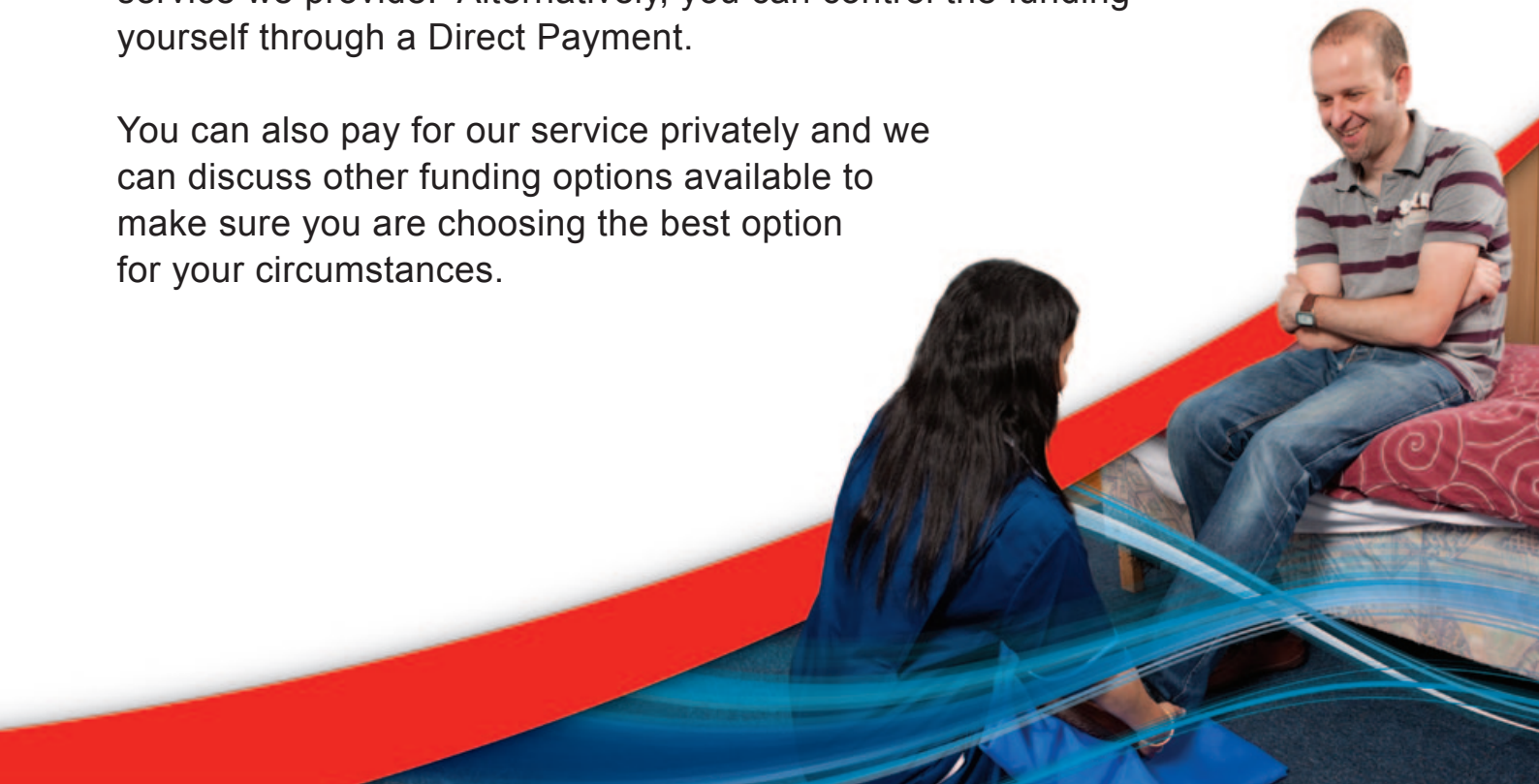
- escorting/accompanying services
- support with complex health tasks
- rehabilitation/reablement services
- support with challenging behaviour
- support for people with physical or sensory impairments
- mobility assistance
- post-hospital care
- respite care
- life skills training
- personal hygiene.

## Financing your care

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If your care qualifies for full or part funding by your local council or NHS trust, they can commission and pay for some or all of the service we provide. Alternatively, you can control the funding yourself through a Direct Payment.

You can also pay for our service privately and we can discuss other funding options available to make sure you are choosing the best option for your circumstances.



For more information, please call us on (020) 8795 6500  
or visit [www.londoncare.co.uk](http://www.londoncare.co.uk)